

Instructions for general anesthesia patients

No exceptions

1. Nothing to eat for 8 hours before surgery
2. You may drink water up to 2-4 hours before surgery
3. Take your usual medications and premedication with a small sip of water
4. Do not wear contact lenses or nail polish
5. No recreational drugs within 48 hours of surgery
6. You must bring a driver with you when you check in. Driver must remain in office during the procedure.
7. Short sleeves
8. IMPLANT PATIENTS ONLY – No earrings, necklace, or makeup

Your appointment is with: Dr. Heldridge Dr. Sato Dr. Brinkman

Mon Tues Wed Thurs Fri Date: _____

Please check in at: _____ a.m./p.m.

I understand that failure to follow these instructions could result in cancellation of the surgery and a \$250 late cancellation fee.

Patient/Guardian signature _____ Date ____/____/____

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